



Knowledge Support Learning CIC
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RAISE your own **AWARENESS**
of drugs and alcohol and

KNOW WHAT TO DO FIRST
when you're concerned about someone's misuse

About DAAFA

DAAFA is a one-day/four-module training course that has been created and developed by KSL and TONIC and piloted with Royal British Legion staff.

This is for anybody with a responsibility for others, and probably with some mental health training or substance misuse service experience, and who initially wants to learn how best to act, and then make and implement action plans, using relevant case examples.

DAAFA eight step action plan:

- R** eact - assess risk of self-harm or suicide
- E** ngage - be positive, respectful and hopeful
- C** ommunicate - and listen non-judgementally
- O** ffer - practical information and reassurance
- V** erify - check and record what you have heard
- E** ncourage - self-help and stay safer strategies
- R** einforce - positives and your reasons for any referral
- Y** ou - consider your health and safety as a first aider

About KSL

KSL is a national social enterprise that has gained expertise in the health, care and wellbeing sectors over many years, and provides organisations and individuals with events, training and project support services.

We provide high quality piloted and evaluated short training courses in the areas of mental health, substance misuse and young people's services. Organisations usually commission us to deliver training in their own venues.



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The Course

How Much

Learning outcomes are:

- To gain a broad awareness of the impact of drugs and alcohol on young people and adults
- To safely and appropriately react and respond to people who may be misusing substances
- To develop a broader understanding of the causes, signs, symptoms, risks and supports
- To promote the recovery from problems through making a most effective initial engagement
- To know how to use an action plan, self-help strategies and a screening and referral tool

A **one-day** course for **6-16 people** can be commissioned from us for just **£995 + VAT**. It is suitable for all your non-specialist-trained staff, members and volunteers, responsible for young people and adults.

The aim is to support emergency, preventative and early intervention strategies through skilling trainees in how to respond to problems initially, how to screen these needs and when and how to refer to self help or specialist services.

The course incorporates training and accreditation in supporting local use of the **Drug Use Screening Tool (DUST2)** for both young people and adults, designed by Matt Scott of **Tonic Consultants** to update and improve their original DUST.



RECOVERY